



# GEORGIA ON TRACK

March 2014

## AREA OFFICER REPORTS

### Delegate's Report

Dear Family Members on the Journey,

When you read this article, I will be about 5 weeks away from attending my second Conference as your Delegate. Already, I am getting weekly (almost daily) emails instructing me to read about things we will be doing. I've already made my plane reservations.

I'm beginning to feel excitement and some anxiety, for although I remember last year's wonderful experience, this year's experience will be different. This year, there will be 22 new Delegates and a few new Trustees. This year, we will take several hours to visit and have lunch at the World Service Office. This year, I will be a part of a group presentation to the Conference about our Thought Force work on the importance of having a home group.

Although there will be differences, I am hoping that one thing will remain the same here at home. Like last year, I am hoping you will put on your calendars April 24-30 and that you will pray for me as I attend this Conference on your behalf. I hope that you will support me from home as you did last year. I cannot express how much of an honor it is to represent you and how loved I felt last year with every card and/or love gift you sent to me.

If you are willing, I would love for your District to discuss sending 100 love gifts again for each Conference member. If a District would do it, it wouldn't put a burden on groups. Like last year, you will need to send them to me at the hotel. Send the gifts to: ***Cathy O'Dillon C/O Wyndham Virginia Beach Ocean Front Hotel, 5700 Atlantic Avenue, Virginia Beach VA 23451.*** Please mail everything no later than April 20th and write on the envelope, "Please hold for Cathy O'Dillon, WSC Conference."

Would you please put your District number and the DR's name on the gifts or somewhere in the package so that I can know who sent them to me? If your group sends me a gift, please put your District's number and the town where the gift comes from. On all cards, please put my name and my home address in the return address so that if the card arrives after April 29<sup>th</sup>, the hotel can forward it to me.

We are taught to ask for what we need. The main things that I need are your prayers, love and support.

I cherish this time in my life and am grateful that we are on the journey together.

Love,

Cathy O.  
Panel 53  
Delegate

### IN THIS ISSUE:

Area Officer reports .....	pages 1-5
Coordinator reports.....	pages 6-9
District Rep. reports.....	pages 10-17
PI Billboards.....	pages 18-19
Announcement.....	page 20
Convention Report.....	page 21
May Assembly Agenda .....	pages 22-23

## **Alternate Delegate's Report**

Hi My Al-Anon Family and Friends!

I am very excited regarding the feedback we will receive in May from our Area Assembly Inventory. Lisa P. Past Delegate Panel 46 Florida North will be our facilitator and I know she will bring to us valuable insight on Saturday night. We will review our inventory Saturday in place of the speaker meeting.

In preparing myself for our Area Assembly Inventory feedback, I have been looking at Step Five and the spiritual guidance provided in some of our literature. This has helped me begin the process of inviting my Higher Power into the process and open my mind and heart as to how our Area Assembly wants to grow in carrying the message of recovery and expanding our service to others. Below are a few excerpts from some of our literature regarding Step Five.

### **How Al-Anon Works Pg 52-55**

In taking Step Five, we acknowledge what our inventory has helped us discover, revealing these insights not only to ourselves and our Higher Power, but to another person as well.

First, we admit what we have learned to the God of our understanding. The purpose of this admission is to "come clean" before God, to allow ourselves to be exactly who we are within this vitally important spiritual relationship.

Then we admit to ourselves what our inventory has revealed. In other words, we take responsibility for ourselves.

We share in detail, not only listing our wrongs but discussing them in depth, and when we are finished, we try to keep an open mind to hear what the other person may choose to offer in response. Many of us find that our Higher Power can speak to us through others, and this is a prime opportunity for such communication.

We are building a new life. Some of the building process involves tearing down materials that stand in the way of our plans. But the process also involves taking the best of what we already have and expanding upon it. Our character assets can form the basis of a life centered around self-love and self-caring if we recognize and admit their importance.

### **CTC Pg 50**

When we take step five...we demonstrate a willingness to change.

### **ODAT Pg 256**

We must not be easy in giving credit to every word and suggestion, but carefully and leisurely weigh the matter according to God. (Thomas à Kempis)

### **CTC Pg 65**

Nowhere in Steps Four through Seven do we ask God to add anything, but rather to take away the things we do not need. I found that every single defect that was removed had been hiding an asset.

As I let go of the things I didn't need, I made room for my strength, skills, and feelings to become more fully a part of my life.

### **CTC Pg 266**

Whether we practice this Step by listening or speaking, we open ourselves as channels for our Higher Power. More often than not, we hear something that sheds light on our own situation.

I look forward to the insight this spiritual experience will bring to our Area.

Love in Service,

Renelle M.

Alternate Delegate Panel 53

## Chairperson's Report

### HALF FULL OR HALF EMPTY?

Now, there is a question that some people use to define some personality traits. Am I a glass half full or glass half empty thinker? As our Area approaches the Assembly in May, that question has a more practical meaning, but may also reflect our attitudes and opinions about Georgia Al-Anon. This upcoming Assembly will mark the half way point in this term. In so many ways, it is hard to believe we have reached this point. Most of us are just now beginning to feel as if we are learning how to carry out our service positions. No matter if we need more time to learn, have things not yet accomplished, things we wish we could 'do over,' the time is here to stay healthy and conduct the Area Assembly Inventory. Assembly Inventory weekend is always so full of energy, conversation and great new ideas. Fortunately, Lisa P. from North Florida has agreed to compile all of our inventory results and present it to us Saturday evening.

The May Assembly in the second year of every term requires a few adjustments in the schedule for two very important reasons. Of course, our primary purpose for this Assembly will be for Cathy to bring us her Delegate's report following her second World Service Conference. She has requested that she have one hour and a half on Sunday for her report. You will notice on the schedule that all of the Coordinators' and Liaisons' reports will be given on Saturday. To accomplish this change the Service Manual workshop, that is normally one and an half hours long, has been shortened to one hour. If you are a Liaison and used to giving your report on Sunday please be prepared to offer your report on Saturday in May.

Lisa P., our guest from Florida, has agreed to present a workshop during the Service Manual slot. We do not have a topic yet, but she is considering relating it to some of the input she receives from our inventory. We understand from members who know Lisa that we are all in for a big treat! Also special workshops this time will be Keith M. doing training on Wiggio for those of you who are interested in using that technology; Denise M. and a team will be discussing how we can make Assembly more inclusive to all our members; while John R. will offer a discussion of using Concept 5 in our personal relationships. As always Alateen workshops and AMIAS training will be going on as will GR basics.

What an exciting weekend to anticipate- learning what Cathy has to bring us from WSC and for each of us to have more opportunity for spiritual growth. I really look forward to adding to our glass half full!

Please remember to make your hotel reservations by Friday two weeks prior to our event.

With Love in Service,  
Cheryl K.  
Chairperson Panel 53

## **Area Treasurer's Report**

Greetings to all my Al-Anon Family,

I can hardly believe I've completed my first year as your Area Treasurer. I have been both privileged and humbled by this experience thus far and have grown by leaps and bounds. I am continually amazed by your constant support.

I am looking forward to presenting the updated Financial Reports in May with the suggested changes. I believe these changes will continue to make these sometimes tedious reports more easily understandable to everyone.

In closing, I would like to thank all the groups for their continued support of the Area and as a reminder all contributions can be mailed to:

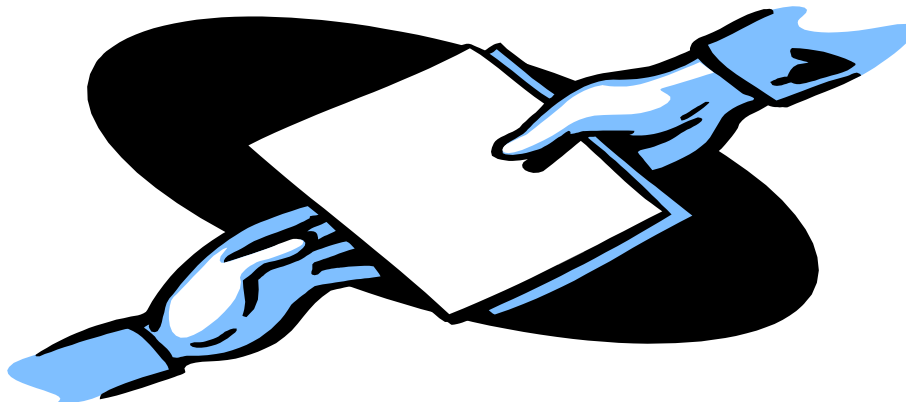
AFG of GA, Inc  
PO Box 7644  
Macon, GA 31209-7644

..Also the Contribution remittance forms can be found on the Area website at [http://www.ga-al-anon.org/Library/area\\_contributions.html](http://www.ga-al-anon.org/Library/area_contributions.html).

Thank you for the opportunity to serve and for all the little notes I receive with your contributions. They really make my day!

Love In Service,  
Levon C.  
Area Treasurer Panel 53

**Contribution forms are available (see above link)**



## **Area Office Chair**

### **Georgia Al-Anon Central Service**

Greetings to All from Your Area Office,

Just a few updates regarding literature: The poster "Do You Wish the Drinking Would Stop" M-79 has been discontinued. We did manage to get the last 25 WSO had so they are available until they run out. Available now only as downloads from WSO are S-10 AA's Resolution of Gratitude, S-60 Fact Sheet for Electronic Meetings, S-63 Help for Employees Troubled by Someone's Drinking and S-66 FAQ for Al-Anon Web Sites. We do still have some of the S-60 and S-66 available. The 2014-2016 Service Manual has been ordered and should be available for order by the time you read this. Just a reminder that WSO asks when the new Service Manuals are received the outdated ones should be taken out of circulation. This is to avoid any confusion or misinformation being passed along because there is new and/or updated information.

If the Office is going to continue to remain open we need volunteers. Last year only 28 of the 99 days we were open had volunteers. The other days were covered by myself and one other person. I realize that volunteering work in the Office is not feasible for everyone due to work, distance and other factors. For those individuals, groups and Districts that are able please consider volunteering. We do pay mileage of .20/mile and also an \$11 lunch allowance. D.R.'s please make let all your groups know this at your next District meeting. The days of operation are Wednesdays and Saturdays from 10 am-2pm. If anyone is willing please let me know. If we can't get enough volunteers there will be changes beginning April 1<sup>st</sup>. If we don't have sufficient volunteers to cover Saturdays we will only be open on Wednesdays and the Saturday of AWSC and Assembly weekends from 9am-noon or if we don't have sufficient volunteers for Wednesdays and Saturdays we will go to be mail order distribution only with the exception of being open on Saturday of AWSC and Assembly weekends from 9am-noon. Regardless of whether or not we're physically open we'll continue to provide you with good service.

Last year was a good year for the Office and thanks to all of you we were able to give back to our other service arms, Area 11, Convention, and Alateen Conference as well as WSO. We are also very happy that we will now have a \$500 literature donation fund available to any group or district that can't afford to purchase literature so they can plan or participate in health fairs and other public outreach projects to help carry the message of hope to those who are still suffering.

We are so grateful and appreciate so much not just your contributions but you moral support as well. Al-Anon is alive and well in Georgia Area 11 and we rock!

With much love and gratitude in Service,  
Debbie F.  
Area Office Chairman  
Panel 53

## Area Coordinator Reports

### AAPP Report

#### AAPP Newsletter March 2014

Between now and next Assembly, we will begin the recertification process. You will receive a recertification packet in the mail sometime between the end of March and beginning of April. If your address has changed, please notify me to receive your documents in a timely manner.

There will be two forms that must be completed. One is the service checklist. All AMI-AS must complete 6 hours of service between March 1, 2013 and February 28, 2014. There are many ways to accumulate service hours. Simply attending an Alateen meeting does not count if you are not the sponsor for that meeting. If you need ideas or clarification for service, please ask me or Jenny. Those certified after January 1, 2014 will not have to have all six hours for this year's process. The service form will be returned to me.

The second form is for the annual background check. This form will be sent to BOSMA. IN January, the Assembly voted to have all AMIAS complete a one-time online training module on mandated reporting. The module will have to be completed by all AMIAS before the May 15 deadline. This information will also be included in your recertification packet.

You will be provided mailing labels for both forms. Please send them in as soon as possible. There are many steps to the recertification process and they all begin with you.

If you are serving as the Current Mailing Address for an Alateen group, you will receive a separate mailing from the World Service Office. It contains a form with the group's information as it appears in the WSO records. There is also an envelope addressed to me. Please acknowledge and /or correct the information and send in the form.

Jennifer T.  
AAPP Coordination Panel 53

## **Alateen Coordinator's Report**

Hello all!

I was invited to the District 4 Meeting, where I shared more about the need for District Alateen Coordinators. The idea of a Family Recovery Event was received with enthusiasm, and hopefully we will be hearing more about that from District 4. Please contact me if your District is interested in having a conversation about family recovery.

I am excited to see what HP has in store for GA Alateen for the remainder of this year, as we prepare for the GA Alateen Conference. Get those teens signed up! The goal this year is 100 teens in attendance at the conference.

I am looking forward to May Assembly. Elyse G. will be coming to participate in the Alateen Workshops. I hope to see you all there!

In service,  
Jenny L.  
GA Area 11 Alateen Coordinator

## **Newsletter Coordinator's Report**

Greetings:

With the November 2013 issue of **Georgia On Track**, Panel 53 officially completed our first year of newsletter publications. We have shared workshops, anniversaries, district meetings and much more. It is a joy to be a part of the happenings in our area as we share and have fun. Year 2014 promises more opportunities to grow as we participate and help one another.

Grateful Al-Anon,  
Essie N.  
Newsletter Editor

Sharing news is a pathway to recovery



## **Public Information Coordinator's Report**

Public Outreach Committee News

Hi All,

Here's what's up:

The electronic Billboard Project for public outreach sponsored by District 4 was an awesome way to carry the message in central Georgia. Both ads ran at six different locations during December 2013 and January 2014. The project details developed by Linda G. and the digital files for the billboards that were created by Connor and WSO will be made available for DRs interested in doing a Billboard Project for their District.

The Public Outreach Survey has been completed. We are working on getting this information out to the DRs by the end of March.

"Public Outreach for Busy People" a workshop is in the planning stages for the September Assembly.

Several women in District 14 have an interest in taking a meeting at the Clayton County Jail. They are in the process of gathering information; experience, strength, and hope from other districts are doing similar on-going outreach projects.

The Cobb County DUI Court requires an in depth treatment program for those arrested and or convicted prior to getting re-licensed. Al-Anon was the focus of the family meetings for the month of February. We sent literature and Al-Anon members to share their stories, ESH and answer questions.

We are continuing to pursue the logistics and details for Al-Anon outreach through A.A. jail meetings by co-operating with A.A. in the hopes of bringing the message of recovery to the families of alcoholics.

With Love and Gratitude in Service,  
Marie N.  
Public Outreach Chair  
Panel 53

**\*\*\*See billboards on pages 18-19**



## Webmaster Coordinator's Report

There are exciting happenings in the Al-Anon world on the World Wide Web!

WSO has updated the "Members" web site! Woo Hoo!

Now, when you go to <http://www.al-anon.org/members> you will see a whole new design and organization. You still have to put in the "password" which can be anything that ends in "afg" for the password. But once past that is a completely redesigned site from the ground up.

Here are some of the features of the new site:

- The menu system for finding things has been re-organized into a logical grouping of topics. Each menu has a drop-down list of sub-topics.
- If you want to see all the menu items at once, now you can see them. Go to the very bottom, in the footer area, click on the link called "Site Map." That shows you all the topics and sub-topic pages in one place.

Have a sharing you want submit for the Forum, AFA, Alateen Talk, or one of the new book? You can write and submit it right on the web site. Go to [Home](#) / [Individuals](#) / [Featured Publications](#) / [Send Your Sharing](#)

If you're in the mood for a road trip, you can go to [Home](#) / [WSO](#) / [Events and Conventions](#) / [Calendar of events](#). There you will find a national calendar of conventions.

So, what's your favorite part of the new web site? E-mail me at [webmaster@ga-al-anon.org](mailto:webmaster@ga-al-anon.org) and tell me what you like about it.

== Techie Trivia - Did you Know?

Did you know that when a laptop is unplugged from AC, that the system goes into half-speed mode? It is designed to slow down so that the battery last longer.

Thanks you for your service.

Patrick B.

Webmaster Panel 53



## DISTRICT REPRESENTATIVE REPORTS

### District One

District One is busy planning our 5th annual picnic scheduled for Saturday, April 5 in the beautiful mountains in Ellijay. Our hopes are that you will join us for a day of fellowship, with great food, great speakers and beautiful baskets to be raffled off. Our speakers are Barbara P, Atlanta A.A. and John R., Marietta Al-Anon. Look for our flyer on our website.

At our recent District meeting we had 5 out of 8 groups represented. In addition to our picnic plans, we discussed the Area inventory questions and submitted our responses. We also will be co-hosting the hospitality room at our May assembly, and plans are underway to do our part.

Another activity we are planning is a workshop scheduled for the fall. There is no better place to be than the North Georgia Mountains in the fall. What better way to appreciate nature than to meet with other fellowship members and have a workshop? Look for additional information as we continue planning it.

We continue to carry the message through public outreach. Recently we had a member tell her story at a treatment facility, and the response was terrific. The soft cover book of How Al-Anon Works is in various libraries, treatment facilities and our local law enforcement agencies.

Lyn D with Kathy W.  
District 1 DR

### District Two

#### Two's News:

Our first district Al-Anon Family Day Picnic is now scheduled! Mark your calendars and please join us for food, fun, and fellowship, Saturday, April 26<sup>th</sup> at Sandy Creek Park in Athens, GA. We have reserved the Community Building so we will be there rain or shine. Music and activities for the whole family start at 3 pm. We will be grilling hotdogs and hamburgers, but encourage everyone to share their favorite side dishes with us. We will have an Al-Anon speaker and also be asking our members to share their art, crafts, music, and creative talents with us. We thought it would be a fun addition to the picnic for members to share briefly about their creative activities and how these may have enhanced personal programs or were made possible by recovery.

A detailed picnic flyer is now available on our Georgia Al-Anon website. Hope to see you there!

Barbara T.  
District 2 DR

## District Four

Greetings from Middle GA, home of District 4!

We have had lots of excitement in our District. We have had our Billboard Public Outreach project in full swing for three months now and will continue on until the end of May. Linda G. brought the idea of running digital billboards to our district, rotating its placement on a monthly basis for six months. We will be supplying Marie (Area Public Outreach Coordinator) with a final report with specifics and the WSO approved graphics for use if others would like to do the same in their district.

We tried something different at our last District Meeting. I call it Mini ESH (Experience, Strength, and Hope) Story. I've asked GRs and District Officers to volunteer to share their personal story with us at District business meetings; one volunteer per meeting with a sharing time of 15-20 minutes. It was incredibly uplifting to hear a GR share her story... to become more familiar with her experiences before and during her time in the program and for me it created an immediate cohesiveness.

Jenny L., Area Alateen Coordinator, will be speaking at our next district meeting on 3/1. She will be covering the job description of a District Alateen Coordinator, what it means to be an Alateen Group Sponsor, and share her experiences of serving Alateen. We do not currently have an active Alateen Group in our District so we are looking to see if there are those among us that are willing to serve in this area.

I'm excited to see the growth in our District!

Love to all in service-  
Connor  
District 4 DR

## District Ten

**District 10** is busy still supporting GRAN Recovery. Would love to have any support if you so desire:

**SERVICE OPPORTUNITY** - Do you have just ONE hour a month to give?

6:30-7:30 First Tuesday of every month

**GRAN Treatment Center** -- 215 Kirkland Road -- Covington, Georgia

(No experience or training needed. Just participate and share your experience, strength and hope.)

E-mail [dr-district10@ga-al-anon.org](mailto:dr-district10@ga-al-anon.org) if interested

Sheri K.  
District 10 DR

## **District Twelve**

This is a new year and a new beginning. The year is starting out fine. District 12 has a new GR for Cascade AFG, Linda C. Our district's CPC for Hapeville AFG is Maria C. Additionally, we are greatly anticipating an upcoming workshop with districts 13&14. And then the snow started. It's easy to work a program when everything is going well but what happens when you are powerless and out in the snow for 12 hours trying to get home from work? Thanks to my Higher Power whom I choose to call GOD, I put Him in control of my life that evening, I prayed, let go, knew that this too will pass and. got home safe and sound. Thanks to Al-Anon and my faith.

Love in service,  
Martha C.  
District 12 DR

## **District Fifteen**

We are currently planning our June workshop. Look for details at the May assembly and on the Georgia Al-Anon website.

Serenity on the Square in Marietta is expanding.

They added a **Thursday 7:30pm meeting** had 7 "Founding" people in attendance the first night. We are looking forward to watch our 7:30pm Thursday meeting grow. Just 6 weeks later attendance grew to 19. There is a great need for Al-Anon in the heart of Marietta Georgia.

Our Saturday morning meeting started out with 4 people and now we average 35-40 every week!

Public outreach and use of ASA 2014's are in full swing at Serenity on the Square.

At the church where we meet, First Baptist Church of Marietta, we have spoken and met with the Outreach Pastor and the Director of Operations. Told them what a difference they are making in so many families lives by allowing us to meet at the church every week and how appreciative we are for their help. Also informed them how our group has grown to about 35-40 members every week. We also supply them with about 10 - 15 AFA's and we also tell them if anyone has any questions about Al-Anon to please give them my phone number with just my first name and last initial, to reinforce our anonymity at our group level. We also suggest they put this in any of the information racks they have throughout the church. Or ask if we can put it in any strategic rack info areas.

Because we are located right at the Marietta Square, every year for the last 3 years we speak with State Court of Cobb County, Sentence Enforcement Unit and specifically speak with the DUI Court Coordinator and the DUI Probation Officer and give them several of the AFA's (current year). We suggested them give this out to any spouse, parent, etc. that might be challenging or objecting to the harsh treatment their loved one is receiving for their DUI. They said they could use these and told us to also contact the Family Intervention Specialists (FIS).

## **District Fifteen (cont)**

Judge Kreiger, several years ago, helped start this program and still oversees FIS for Cobb County repeat offenders = 2 or more DUI's in a 12 month period or 3 in their lifetime. Most if not all Cobb County judges are now giving these DUI offenders a choice - 1 year in jail or the 2 year program with FIS. FIS has a 5 phase program. Every month the offender/client's must attend and bring a family member, friend or their sponsor to the Monday night "Family Night" program. If they don't attend they are not allowed to move up to the next phase. It is a minimum of 32 people every week. We speak with the Director of FIS about every 2 -3 months to ensure they have enough of our AFA's. In the last 2 1/2 years they have asked us to come and speak about our Al-anon "Experience, Strength and Hope" to the Monday night groups... 1/2 of all the attendees are qualified for Al-anon.

When I spoke with a group of about 70 people 2 1/2 years ago, only 4 people out of 70 knew or had heard of Al-anon. 35 of these folks were going to AA 5 days a week as well and only 2 of them knew about Al-anon.

During our Al-anon weekly announcements we ask who would like to do any public speaking about their Al-anon "Experience, Strength and Hope" or possibly about a specific Al-anon topic. We never speak on behalf of Al-anon Corporate only about our individual Al-anon "Experience, Strength and Hope". During Feb we have 2 possibly 3 of our members that will be speaking, on different Monday nights, about "Denial". We speak for about 40 minutes. For anyone that would like a schedule of local Al-anon meetings we also hand out a sheet with those meetings close to this location. Some family members are driving there 4 -5 times per week and just waiting for 1-2 hours.

The Director of FIS is also suggesting Al-anon for family members as well. 4th) We are also asking for an Al-Anon to take 10 AFA's and ask permission and hand them out where anybody has to wait...Doctor's offices, Dentist's, Chiropractor's, Counselor's, Hospital waiting rooms, Outpatient waiting rooms, Court rooms, Attorney's, CPA's, local churches, health clinics, MUST Ministries or local charitable groups, Hair-cutters/Beautician's, Nail Salon's, Daycare Center, Auto Mechanics & Tire stores, public restrooms by the sinks (only 1-2 so a stack does not get thrown away), local High Schools, Colleges, Tech Schools, I leave one in a seat at the DMV when getting my license (We don't have permission to leave a stack), and whenever I find myself waiting somewhere is where I see if I can leave some for that 1 person in need.

After we have spoken with our newcomers we ask where they heard about Al-anon and we have had newcomers that received and read our booklet and got online to find this meeting. That's success in our book...it just takes 1 to make a difference!

Dan M.  
District 15 DR

## **District Sixteen**

Greetings Area 11! Wow, 1 whole year has passed since the start of our new term (with new GRs) and my undertaking the service role as a DR. I'm excited to share that in that last year, District 16 started 3 new groups (1 Al-Anon and 2 Alateen) and all are doing well. As a District, we came up with a budget (we didn't have one before) that also includes a contingency that will help support future group start-ups. Perhaps what we've already accomplished last year as a District is a sign from H.P. of future blessings.

Since the last newsletter, District 16 (along with District 15) hosted the registration table at January's Assembly and had a wonderful turnout of volunteers, many there for their 1<sup>st</sup> time. I heard many of them so thoroughly enjoyed Assembly, they want to come back. What a great way to get members involved! Maybe some of them will consider future service positions!

Recently, District 16 has been devoting more time to public outreach for both regular Al-Anon AND Alateen. From what I've heard of our efforts so far, the professionals have been eagerly receiving the information. One of our GRs, while recently attending an Al-Anon meeting in a neighboring district, announced Alateen meetings in our District (they didn't have any close by). I was told the members were very interested in knowing of neighboring Alateen meetings especially since they're so few and far between. Great idea for membership outreach!

Our District Alateen Coordinator recently spoke at a Group anniversary in our District. As the basket was being passed, the Group announced contributions collected that evening would be given to our District Alateen Coordinator to assist with Alateen public outreach. Contributions were generous. Speaking of Alateen, District 16 has added 1 new certified AMIAS since our last newsletter.

Our next District business meeting will be May 10<sup>th</sup>, and the Peachtree City AFG will be facilitating a workshop on the topic of public outreach. I'm looking forward to hearing their experience, strength and hope and from all of our members' sharings on this important endeavor.

I know I've expressed this before but I am truly blessed in this position and having so much enthusiasm and support from all the GRs in our District.

Gratefully Submitted,  
Lauren M.  
District 16 DR

## **District Seventeen**

District 17 just celebrated with a Mid-Winter Pick-Me-Up at Ryan's Steakhouse in Rome. After a great all you can eat meal and time for fellowship we were entertained and inspired by Kathy W's sharing of her story. We all enjoyed ourselves and appreciated the opportunity to get to know our new Area Secretary. We also were thrilled that we had visitors come from Alabama! It seems our Rockmart group has had some Alabama members who have now started an Al-anon group in Centre, Alabama!

We also are pleased to announce that a new group is starting up in the Hickory Flat area of Cherokee County. Hope for Harmony will be meeting on the first and third Wednesdays of the month at 7:00 pm at the Harmony on the Lakes Clubhouse.

We have some sad news as well. Long-time al-anon member Norma G has passed. She was active in Al-anon meetings in Rome and Rockmart.

Our district has been involved in outreach efforts through the Continuum of Care collaboration in Floyd County. Diane K. has presented at events involving judges, DFACS, and family service programs from several counties. The district's Alateen group, Finding Hope at Alateen and its sponsoring group, Free To Be Me AFG donated funds for the district to have a banner to use at future outreach opportunities.

Our biggest highlight this past winter was our service working with District 18 to run the Hospitality Room at the January Assembly. We thoroughly enjoyed getting to know the members of District 18. We found working in the Hospitality Room created more opportunities for us to fellowship with and other assembly attendees. Service can be fun!

Respectfully submitted,

Anne M.  
District 17 DR

## **District Eighteen**

Greetings from District 18:

This winter has been a productive season for the groups and representatives of District 18. Our first district meeting of the new year was held in Cumming, with a focus on planning for assembly and our Mountain Miracles District Meeting on May 3<sup>rd</sup>. Although we have loved our previous site, we have outgrown it and will be starting this year at the Santee Nacoochee United Method Church on Rte 17. We will be able to accommodate over 100 members at the general sessions, meals and raffle, and will still have a great view of Mount Yonah. Our theme will be "How Al-Anon Works, with panel discussions in small breakout rooms, and Renelle M, our Area Alternate Delegate, will be our main speaker. In addition to individual donations for the raffle, each group in the district puts together a one-of-a-kind gift basket. Everyone brings a breakfast or lunch potluck contribution and we expect to have a great time.

## **District Eighteen (cont)**

Our other main project thus far has been preparing for and acting as co-hosts with District 17 for the Hospitality Room at the January Assembly meeting. None of us knew what we were doing, so this was a wonderful opportunity to turn things over to HP and just take things one day at a time. We are very grateful for the generous donations of volunteer power, potlucks, and cash from the groups of the district, which were augmented by general donations from other members at Assembly. So we were able to pass on a good bit of seed money to Districts 21 and 1 who will host the Hospitality Room in May. Special thanks to Renelle M, who was such a great support system for this endeavor.

Our next district meeting for GRs will be on March 8<sup>th</sup> in Dahlonega. We will be using this time to develop our contribution to the 2014 Assembly Inventory, and progress on plans for Mountain Miracles.

Although the actual celebrations have been affected by winter storms and ice, many of our groups have been celebrating their anniversaries. This includes Letting Go AFG in Sautee, New Beginnings in Dawsonville, and 16 year old Serenity AFG in Cumming.

District 18 now has an introductory group meeting at Forsythe County Detention Center in Cumming. New Beginnings in Dawsonville has recently moved to a larger, more comfortable location at the Church of the Apostles North, same meeting time at 6:30 on Thursdays. The energetic members in Cumming are also providing CAL leaflets to the second annual Drug Summit. And Saturday Morning Study in Clarkesville is now providing a Newcomer's Q and A session on the 4<sup>th</sup> Saturday of every month at 9:30 am.

Pat P.  
District 18 DR

## **District Nineteen**

The most "news-worthy" information is that District 19's Al-Anon Day is March 27, 2014 at Pleasant Hill Presbyterian Church from 9:00-3:00. There will be several workshops and Alice H. will be telling her story right after lunch. Please bring a covered dish to share and join us for lots of food, fellowship, and fun. We also have a raffle, so items contributed for that are appreciated. Several groups in the District are participating in the Public Outreach project of delivering "Al-Anon Faces Alcoholism" to professionals in the community. This has been an on-going process and we are hoping that the message is reaching many who will learn about the purpose of Al-Anon and take those first steps of attending a meeting and beginning their journey in Al-Anon.

In Al-Anon/Alateen Service,  
Cynthia S.  
District Nineteen DR



## **District Twenty**

District 20 expresses gratitude to Anna S. and Donna D. who served as DR and alt DR, respectively, this past year. When they found it necessary to step down in the fall, Martha B. (DR) and Cindy P. (alt DR) agreed to finish their terms and are currently on a learning curve open to the guidance from seasoned servants who are willing to share their ESH.

In December 2013, Mitchell County AFG started a step study meeting using Reaching for Personal Freedom as their study guide. They are excited to be growing in the program!

Valdosta AFG has recently participated in a local health fair dispensing pamphlets concerning the Al-Anon and Alateen programs. The Alateen group in Valdosta continues to give comfort and understanding to young people who have been affected by alcoholism.

Offering their perspectives on their family in an alcoholic home, Anna O. and her two Alateen daughters, Hannah S. and Lauren S., have spoken as a team at speaker meetings in District 20 that include AA and Al-anon participation.

Al-Anon members, attending the January 4<sup>th</sup> District 20 meeting, responded to roll call by sharing a joy concerning something happening in their home group. Here are some of the joys shared..... *Our group recently used the traditions, concepts, and steps to work on solving group problems and now our group is growing.....Our group has three members who are actively participating in service beyond the home group.....I am happy to see the growth and progress in the members of my home group...Our group has a growing number of members who are willing to be sponsors ..... Our long time members are modeling appropriate sharing using ESH instead of rehashing faults of the alcoholic.*

District 20 will be studying The Concepts at their meetings in 2014. We anticipate progress in the Al-Anon program as we share our ESH with one another keeping in mind that "Each Al-Anon group has but one purpose: to help families of alcoholics".....Tradition 5

Love in service,  
Martha B.  
District 20 DR

## **District Twenty One**

District 21 has been getting ready to send Love gifts out to the WSC Conference in April as well as contributing our input to the Area Inventory next month. We are excited and also working on getting ready to host the hospitality suite in May with our partnering District 1.

Some of our groups have had great success in a "writing" meeting where sharing's were put down on a Forum entry sheet and then mailed out as a group to WSO. It's great fun and everyone involved has a chance to be published in the Forum. Our Anniversary workshop is in the beginning stages and will be held in October. We do have one group already volunteering to host one of the workshops; more on that later in the year.

Katherine N.  
District 21 DR



**Are you  
troubled  
by someone's  
drinking?**

**Al-Anon Family Groups can help.**

**www.ga-al-anon.org    855-254-3414**

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**When you don't know  
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**because someone  
drinks too much...**



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**855-254-3414**

# *DISTRICT 1 ANNUAL PICNIC*

*SATURDAY, APRIL 5, 2014*

*10AM - 3 PM*

*ETC PAVILION  
255 LEGION ROAD  
ELLIJAY GEORGIA*

*SPEAKERS: BARBARA P., A.A., ATLANTA  
JOHN R., AL-ANON, MARIETTA*

*POT LUCK  
BRING YOUR FAVORITE DISH*

*BASKET RAFFLE & DOOR PRIZE*

*CONTACT: [dr-district1@ga-al-anon.org](mailto:dr-district1@ga-al-anon.org)*



## 2014 Georgia Al-Anon/Alateen Convention - "Language of the Heart"

Progress is being made in the planning of our upcoming Convention. Registrations are coming along and room reservations are picking up. We are hoping for great attendance and we have an awesome program planned with most of our speakers in place. The element of choice is reinforced with the number of workshops offered.

As usual, we will have an area with Conference Approved Literature available for purchase and a Boutique with hand-crafted items for sale. Our newly introduced Basket Raffle promises an intriguing experience for all.

We are encouraging members, groups, and districts to create a basket with a program focus for the raffle. Items such as "The Three C's" (Chocolate, Coffee, and CAL), or "Relax in Recovery" (Bubble bath, body lotion, foot massager, etc., and a piece of CAL). These are just examples. Your creativity can far surpass these ideas and we look forward to your contributions. Also, hand crafted items for the boutique will be appreciated.

Please check [www.ga-al-anon.org](http://www.ga-al-anon.org) for registration forms and flyers. We suggest you make your reservations now and bring a friend. Just a reminder: The cost for the weekend is listed on the registration form and five (5) meals are included in the price. A one-time fee of \$5 per car for those staying through the weekend is also charged by the facility. Contact information is on the flyer if you have any questions.

Join us in making this the **"BEST EVER"** Convention!!!

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Cynthia S 2014 Al-Anon/Alateen Convention Chair

**AI-Anon Family Groups of Georgia  
Area Assembly Agenda**

**Business Meeting – Part I  
May 17-18, 2014  
12:00 Noon ET**

**Purpose of Assembly:**

- 1) Elect a Delegate, Alternate, and other Assembly officers.
  - 2) Receive and distribute reports on Area and world service affairs.
  - 3) Review and approve interim reports of Area World Service Committee (AWSC).
- Goal:** The spiritual tone of Assembly will prevail by the demonstration of mutual respect and acceptable conduct as its members presume goodwill.
- Goal:** Assembly members will understand the purpose of the Assembly and the relationships within the structure.
- Goal:** Knowing that our Higher Power is present in the expression of our group conscience, Assembly members will be able to support and communicate Assembly decisions.

- 1. Opening
  - a. Silence phones etc.
  - b. Serenity Prayer
  - c. Unity through the Traditions
- 2. Welcome
- 3. Reports all coordinators and liaisons
- 4. Basket for Contribution
- 5. Afternoon/ Weekend Overview



2:00-3:00 p.m.	DR- Wiggio Training- Keith F. Making Assembly Inclusive Denise C.	Magnolia A&B Magnolia C&D
3:00-3:30 BREAK	Alateen & AMIAS Workshop AMIAS Training	Grand Salon A PDR 1 & 2
3:30-4:30	Service Manual –Lisa P. Concept 5-and Personal Relationships John R.	Magnolia A&B Magnolia C
4:30-5:00 BREAK	GR Basics- Jeanie M.	Magnolia D
5:00-6:00	Alateen Fun AMIAS Training	Grand Salon A PDR 1 & 2
6:00-7:30	AI-Anon Discussion Districts 19&2 Alateen Sponsor to Sponsor Alateen Meeting	Magnolia A&B PDR 1 & 2 Grand Salon A
8:00	Dinner Break Area Inventory- Lisa P.	Magnolia

Closing



## Business Meeting – Part II

May 18, 2014

9:00AM ET

**Purpose of Assembly:** 1) Elect a Delegate, Alternate, and other Assembly officers. 2) Receive and distribute reports on Area and world service affairs. 3) Review and approve interim reports of Area World Service Committee (AWSC).

**Goal:** The spiritual tone of Assembly will prevail by the demonstration of mutual respect and acceptable conduct as its members presume goodwill.

**Goal:** Assembly members will understand the purpose of the Assembly and the relationships within the structure.

**Goal:** Knowing that our Higher Power is present in the expression of our group conscience, Assembly members will be able to support and communicate Assembly decisions.

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1. Opening
    - a. Silence phones etc.
    - b. Serenity Prayer
    - c. Service through the Twelve Concepts
    - d. Reading
  2. Welcome
    - a. Purpose of Assembly
    - b. Voice and Vote
  3. Roll Call
  4. Approval of 1/2014 Assembly Minutes
  5. Reports
    - a. Alternate Delegate (Renelle M.)
    - b. Treasurer/Budget Committee (Levon C.)
    - c. GA Al-Anon Central Services, GACS Office (Debbie F)

BREAK
  6. Delegate's Report
  7. Business Items
    - a. Motions
    - b. Election of Alateen Co-Chair 2015, Election of Al-Anon/Alateen Convention Co-Chair 2105 from zone 6 which includes Districts 3, 6, 7 & 8
  8. Baskets for Contributions / Nametags
  9. Announcements-

Please turn in the Assembly Input forms to the Chair in the box on the front table or go on line to [http://www.ga-al-anon.org/Library/1405\\_webFeedbackForm.html](http://www.ga-al-anon.org/Library/1405_webFeedbackForm.html) (or <http://bit.ly/LYt1sF>)
- Other/Closing

### **Dates to Remember**

- |                                   |                                    |
|-----------------------------------|------------------------------------|
| 1. AWSC                           | August 16, Nov. 15, 2014           |
| 2. Area Assembly                  | September 27-28, 2014              |
| 3. Alateen Conference             | May 30- June 1, 2014, Rock Eagle   |
| 4. Al-Anon / Alateen Convention   | August 8-10, 2014, Unicoi          |
| 5. 61st GA AA Pre-Paid Convention | October 16-19, 2014, Jekyll Island |